



BOYS & GIRLS CLUBS
OF THE SIOUX EMPIRE

MAY 2019				
Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Breakfast- Egg & Cheese on a English Muffin Pineapple Tidbits 1% Milk Lunch- Homemade Chicken Noodle Soup Saltines Peas Diced Peaches 1% Milk Snack- Mini Pretzels 1% Milk</p>	<p>2 Breakfast- WG Biscuits Applesauce 1% Milk Lunch- Spanish Hamburger w/Brown Rice Casserole Green Beans Fruit Cocktail 1% Milk Snack- WG Bagel 1% Milk</p>	<p>3 Breakfast- WG Kix Cereal Orange Slices 1% Milk Lunch- BBQ on a Bun French Fries Diced Pears 1% Milk Snack-WG Goldfish Crackers 1% Milk</p>
<p>Menu Subject to Change</p>				
<p>6 Breakfast- WG Frosted Mini Spooners Diced Peaches 1% Milk Lunch- Turkey & Cheese on a Bun Baby Carrots w/ranch Fruit Cocktail 1% Milk Snack- Jelly Sandwich 1% Milk</p>	<p>7 Breakfast- WG Bagel Applesauce 1% Milk Lunch - Meatballs Mashed Potatoes WG Dinner Roll Diced Pears 1% Milk Snack- Ritz Crackers 1% Milk</p>	<p>8 Breakfast- Crispy Rice Cereal Mandarin Oranges 1% Milk Lunch- Chicken Tenders Potato Smiles Pineapple Tidbits 1% Milk Snack- WG Scooby Snack 1% Milk</p>	<p>9 Breakfast- French Toast Sticks Fruit Cocktail 1% Milk Lunch- Taco Casserole w/Whole Grain Tortilla Shells Lettuce Applesauce 1% Milk Snack- Cheese It Crackers 1% Milk</p>	<p>10 Breakfast- English Muffin Pineapple Tidbits 1% Milk Lunch- Scalloped Potatoes w/Ham WG Dinner Roll Diced Peaches 1% Milk Snack- Whole Grain Tortilla Chips & Salsa 1% Milk</p>
<p>13 Breakfast- Toast Banana 1% Milk Lunch- Sub Sandwich on a Bun Baked Beans Diced Pears 1% Milk Snack- Graham Crackers 1% Milk</p>	<p>14 Breakfast- WG Kix Cereal Applesauce 1% Milk Lunch- Pizza Hot Dish w/ Hamburger and Noodles Diced Beets Pineapple Tidbits 1% Milk Snack- Breadstick w/pizza sauce 1% Milk</p>	<p>15 Breakfast- WG Pancakes Mandarin Oranges 1% Milk Lunch- Hamburger on a Bun French Fries Diced Peaches 1% Milk Snack- Cheese Slices Saltines Water</p>	<p>16 Breakfast- Breakfast Pizza Diced Pears 1% Milk Lunch- Chicken & Stuffing Casserole Diced Carrots Fruit cocktail 1% Milk Snack- WG Bagel w/Cream Cheese 1% Milk</p>	<p>17 Breakfast- WG Cherrios Cereal Pineapple Tidbits 1% Milk Lunch- Mini Turkey Corndogs Tatar Tots Apple Wedges 1% Milk Snack- WG Animal Crackers 1% Milk</p>
<p>20 Breakfast- Crispy Rice Cereal Fruit Cocktail 1% Milk Lunch- WG Chicken Nuggets Broccoli w/ranch dip Diced Peaches 1% Milk Snack- WG Scooby Snacks 1% Milk</p>	<p>21 Breakfast- Chocolate Chip Muffin Banana 1% Milk Lunch- BBQ on a Bun French Fries Pineapple Tidbits 1% Milk Snack- WG Ranch Cracker Bites 1% Milk</p>	<p>22 Breakfast- WG Frosted Mini Spooners Applesauce 1% Milk Lunch- Tuna & Noodles Peas Mandarin Oranges 1% Milk Snack- Cornbread 1% Milk</p>	<p>23 Breakfast- French Toast Sticks Pineapple Tidbits 1% Milk Lunch- Tatar Tot Casserole w/Green Beans WG Dinner Roll Diced Pears 1% Milk Snack- Yogurt Graham Cracker Water</p>	<p>24 Breakfast- Oatmeal Diced Peaches 1% Milk Lunch- Turkey & Cheese Sandwich on a Bun Baby Carrots Applesauce 1% Milk Snack- Ritz Crackers 1% Milk</p>
<p>27 CLOSED</p>	<p>28 Breakfast- WG Cherrios Cereal Banana 1% Milk Lunch- Hot Dog on a Bun French Fries Fruit Cocktail 1% Milk Snack- Cheese Saltines Water</p>	<p>29 Breakfast- Toast Applesauce 1% Milk Lunch- Chicken & Brown Rice Mixed Vegetable Diced Pears 1% Milk Snack- WG Goldfish Crackers 1% Milk</p>	<p>30 Breakfast- WG Kix Cereal Pineapple Tidbits 1% Milk Lunch- NachosLettuce w/ ranch WG Tortilla Chips Diced Peaches 1% Milk Snack- WG Bug Bites 1% Milk</p>	<p>31 Breakfast- English Muffin Fruit Cocktail 1% Milk Lunch- Cold Ham & Cheese on a Bun Baby carrots w/ranch Applesauce 1% Milk Snack- Trail Mix w/WG Cereals 1% Milk</p>